

MAKING CONNECTIONS...



16<sup>th</sup> NATIONAL CANADIAN CHILD AND YOUTH CARE CONFERENCE

WINNIPEG, MANITOBA • MAY 26-28, 2010

16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE



Connections take place everyday in many different venues all over the world. As people in the human services field we understand the importance of making connections. It is through connection that relationships are formed and developed and ultimately sustained. The power of those relationships is what creates opportunities for positive change. If connection is not made between all of us working with at-risk children, youth, and families and between the agencies that support them, then how can relationships and positive change occur? The 2010 National Child and Youth Care Conference is an opportunity for us to examine the importance of making connections with those at the direct service, agency, provincial, and national level.

From the perspectives of the educators, the service providers, and the organizations, we will look at the “how and why” we make connections. Our ability to explore and understand the multiple ways we connect everyday allow us to move forward in our profession and strengthen our skills. Think about the impact that connection has on the children, youth, and families with which we work. Think about how that connection supports the work we do and its success. Think about how connection can challenge the relationship resistant youth. Think how connection can change the outcomes for children, youth, and families utilizing the services that we provide. We invite you to join us to create your own connections and explore all of the possibilities that connections can create.

Conference Committee:

Co-Chairs: Jessica Lusk & Cherie Smith

Catherine Moskowec

Dawne MacKay-Chiddenton

Debbie Froese

Julie Ross

Ken Lee

Lana Franklin

Meaghan Slimmon

Michelle Van Hove

Sundee Blackadder

**Please connect with us at [info@cycwam.ca](mailto:info@cycwam.ca) at any time.**

Phone: 204-254-8075; FAX: 204-254-8120;

Post: CYCWAM, Box 322, Winnipeg, MB R3C 2H6



### **Message from Minister Gord Mackintosh**

As Minister of Family Services and Consumer Affairs, it is a pleasure for me to welcome you to the 16th Annual National Child and Youth Care Conference.

The Province of Manitoba appreciates the commitment of the Child and Youth Care Worker's Association of Manitoba and its members. Our government values each and every child and youth care worker for making a real difference in the lives of the children and youth of our province. We recognize how fortunate we are to have such a dedicated and hardworking team serving Manitoba's young people and their families.

I would like to take this opportunity to congratulate the Association on hosting this national event. I would also like to extend a special welcome to those who have travelled from other areas of Canada and internationally. This year's conference theme "Making Connections" will help us explore how building and strengthening relationships can enhance the well-being of the children, youth, and families we serve.

Manitoba is proud to be a part of this significant occasion and applauds the efforts of all those involved in organizing this event. Please accept my best wishes for a very successful conference.

Once again, thank you for your request. I look forward to participating in this conference.

Yours truly,

A handwritten signature in black ink, appearing to read "Gord Mackintosh".

Gord Mackintosh  
Minister  
Family Services and Consumer Affairs



### **Message from Mayor Sam Katz**

On behalf of the City of Winnipeg, I would like to take this opportunity to offer my warmest greetings to all attending the 16<sup>th</sup> Annual National Child and Youth Care Conference at the Delta Inn Downtown.

"Making Connections" promises to be educational as it continues to provide information for professionals supporting children, youth and families in a variety of settings. Bringing together participants from across Canada, this conference will provide a superb opportunity for conversation, collaboration, and innovation.

I hope that our visitors will experience the warm hospitality that Winnipeg offers and take the time to explore some of our City's many attractions. Winnipeg is a vibrant city that offers a variety of restaurants and entertainment, exciting shopping destinations, and a host of cultural and sporting activities. We truly have something for everyone.

On behalf of my esteemed City Council colleagues and all the citizens of Winnipeg, welcome to our great city. I would like to wish you all the best for an enjoyable event.

Warm regards,

A handwritten signature in black ink that reads "Sam Katz".

Sam Katz  
Mayor of Winnipeg

*City of Opportunity • Ville d'avenir*



# RED RIVER COLLEGE

OF APPLIED ARTS, SCIENCE AND TECHNOLOGY

## Message from Chair Janet Jamieson

It is my pleasure to welcome you to the 16th Annual National Child and Youth Care conference. As Chair of Community Services at Red River College, it is particularly rewarding for me to see that most of the conference planning is being done by graduates of the Child and Youth Care program at Red River College. The theme, "Making Connections", seems particularly apt and we look forward to learning and sharing ideas, inspirations and friendship with other educators and practitioners from across the country during this conference.

The conference is also a time of re-connecting...when people who have developed friendships and networks at previous CYC conferences get an opportunity to once again enjoy the experience of being together with like minded people devoted to the well being of vulnerable children, youth and families. It is also an opportunity for CYC professionals to take pride in their work and enthusiastically share ideas that others can use across Canada for the betterment of communities everywhere. Most importantly the gathering of CYC professionals at the National Child and Youth Care Conference is a good reminder that although we may sometimes feel isolated in our work, we are definitely not alone, we are connected by our caring beliefs and values. It is my hope that you will carry these integral connections back with you when you return home.

A handwritten signature in black ink, appearing to read "Janet Jamieson".

Janet Jamieson  
Chair, Community Services



# RED RIVER COLLEGE

OF APPLIED ARTS, SCIENCE AND TECHNOLOGY

## Message from Dean Louise Gordon

As the Dean of the School of Health Sciences and Community Services at Red River College, the host college for the 16<sup>th</sup> annual National Child and Youth Care conference, it is my pleasure to welcome all delegates to the conference and all those who travelled to attend...welcome to Winnipeg. The planning committee has worked diligently to ensure that all speakers and workshops fit within the conference theme of Making Connections so that your experience at the conference will be meaningful and worthwhile.

Being a Child and Youth Care Worker today is both challenging and rewarding. The skills required for a successful career in our current environment require people to take their education and work seriously. The Red River College diploma program for Child and Youth Care Workers has been specifically designed to prepare graduates for the realities they will face in the community. In addition to our day program on campus, we have partnered with community groups to develop specialized versions of the program for community-based delivery to unique groups of students. We will continue this work and are committed to ensuring that our programs respond to real needs in the community, in order that our graduates can make a difference for the youth with whom they work.

A handwritten signature in black ink, appearing to read "Louise Gordon", followed by a long horizontal line extending to the right.

Louise Gordon  
Dean, Applied Sciences

## Conference Chairs Greeting

On behalf of the Child and Youth Care Workers' Association of Manitoba, we welcome your participation in this assembly of talent. It is our honour to welcome you, and we hope that you will experience all that our conference and city have to offer.

We would like to extend our thanks and appreciation to you for the outstanding work that you do and in bringing your own ability to make connections to our conference. Our Association's mission is to "represent and promote excellence in the professional practice of Child and Youth Care in Manitoba". We are also actively involved in contributing to an improved quality of care for young people in care in Manitoba.

We believe that this 2010 conference "Making Connections" will enhance our personal and professional growth. During our time together, we will "make connections" that will further the field of youth care and increase our own awareness of the importance of relationships in our lives. With this goal in mind, we can begin to discuss how to apply the concept of connection into the "best practice" models that all of us strive to enact.

We appreciate that many of you have travelled a great distance in order to be present at this national conference. We have gathered an arena of professionals from many areas of our increasingly diverse profession in order to explore the "how and why" of making connections and to begin a dialogue on the role that youth care plays in that connection. We ask that you investigate all of the resources that have been gathered, begin to make your own connections, and recharge your own professional practice.

Welcome and enjoy this exciting conference experience!

Sincerely,



Jessica Lusk  
President  
CYCWAM



Cherie Smith  
Treasurer  
CYCWAM

# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

THANK YOU TO OUR SPONSORS...



**Behavioural Health Foundation Inc.**  
Addictions and Co-occurring Mental Health Treatment



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Finding the good



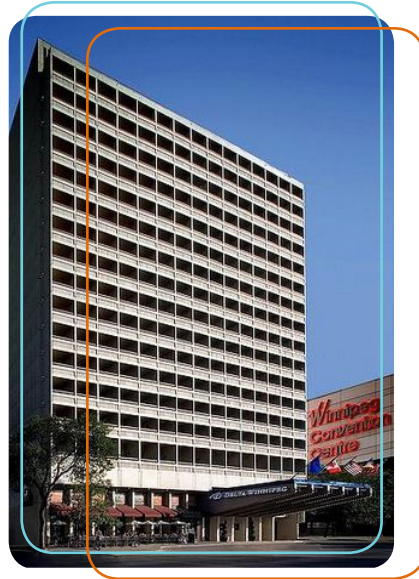
Manitoba Association of Residential Treatment Resources (MARTR)

## 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

### Accommodations

The Delta Winnipeg at 350 St. Mary Avenue in the heart of the downtown core is the venue and official hotel for Making Connections. The hotel offers superior accommodations, restaurant, sky walk connections to shopping and dining, pool, fitness and business services. To book a room at the Delta at a **group rate** for the conference.

There is a range of accommodations in the immediate and surrounding area. Guests may connect with online tourism sites to explore alternative accommodations.



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### Web addresses for tourism/conference

**The Forks:** [www.theforks.com](http://www.theforks.com)

**Assiniboia Downs Racetrack:** [www.assiniboia Downs.com](http://www.assiniboia Downs.com)

**Destination Winnipeg** [www.destinationwinnipeg.ca](http://www.destinationwinnipeg.ca)

**Manitoba Homecoming 2010** [www.manitobahomecoming2010.com](http://www.manitobahomecoming2010.com)

Destination Winnipeg toll free number: 1800-665-0204

## Making Connections: Week At A Glance

Time	Tuesday May 25	Wednesday May 26	Thursday May 27	Friday May 28
8:00	Registration Opens	Registration Opens	Registration Opens	Registration Opens
9:00 - 10:15	Educators Day	Opening Ceremony	Keynote Speaker: Nils Ling	Keynote Speaker: Lorraine Fox
10:15 - 10:30		15 Min Break	15 Min Break	15 Min Break
10:30 - 12:00		Keynote Speaker: Thom Garfat	Workshops: D & E	Lorraine Fox
12:00 - 1:00	Lunch	Lunch	Lunch	Closing Ceremony
1:00 - 2:30	Educators Day	Workshops: A & B	Workshops: D, F & G	
2:30 - 3:00	Coffee	Coffee	Coffee	
3:00 - 4:30	Educators Day	Workshops: A & C	Workshops: D, F & H	
5:00	Meet & Greet			
6:00		5:30 - 10:30 Assiniboia Downs	Delegates Dinner Folkorama	

## 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

### **We welcome you to attend our Meet & Greet:**

There will be an evening reception of wine and cheese. The Council of Canadian Child and Youth Care Associations hosts the traditional opening reception for registrants.

Tuesday May 25, 2010

5:00 pm

Sponsored By: Council of Canadian Child and Youth Care Associations and the Manitoba Association of Residential Treatment Resources (MARTR)

### **Delegate Dinner: Thursday evening**

Join us for a fantastic meal followed by an exciting evening of around the world entertainment. The Folklorama dancers and musicians will provide an opportunity to experience 5 separate cultural shows all combined into a fabulous evening.

Thursday May 27, 2010

6:00 pm in the Grand Ballroom

**Cost:** \$55.00

\* Please see the registration desk or a member of our social committee if you are interested in participating in planned evening activities after your conference day

## 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE



Dr. Carol Stuart will facilitate the conference Educator's Day from 9 - 4 on May 25, 2010. There is a fee of \$50.00 to cover room and refreshment expenses. The agenda for the day is published below.

### **Educator's Day**

1. An overview of accreditation and presentation of the new model for Accreditation of educational programs
2. Learning Sessions (Choose a discussion session from the following list- participants should bring materials to contribute)
  - \* How to prepare diploma students for university within current curriculum?
  - \* How to **measure** competence through distance learning?
  - \* Interprovincial Labour Mobility Agreements?
  - \* What do we mean by "Child and Youth Care" education (Scope of practice and translating this into curriculum)?
  - \* What are the competencies that are being used (across Canada) to guide curriculum design? How do they compare to each other?
3. Lunch-on your own
4. Discussion from Learning Sessions-action plans
5. Wrap up

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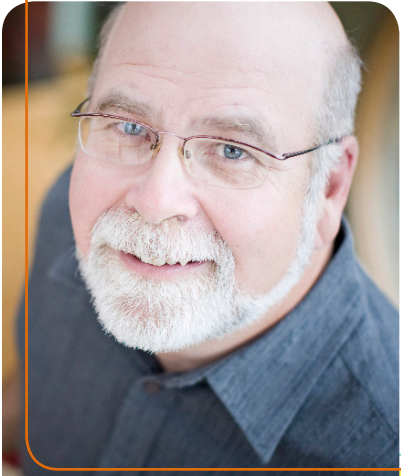
### **Thom Garfat - Keynote speaker (Wednesday May 26, 2010):**

Thom Garfat, Ph.D. has been involved with troubled children and their families, and the staff who work with them for 35 years as a practitioner, supervisor, director, teacher, trainer, consultant and writer. Initially as a child and youth care worker; Thom worked in an emergency placement program for adolescents. More recently he has spent considerable time working with the Cree of Northern Quebec, and in Ireland and the Province of Nova Scotia.

Thom has a private consultation and training practice, TransformAction. He is also the Senior Editor of Relational Child and Youth Care Practice, and co-founder and editor of CYC-NET, an international discussion list, and CYC-Online, an electronic journal for Child and Youth Care professionals. Thom has his Doctorate in Child and Youth Care. His primary professional interests include a focus on meaning making and interpretation, effective interventions with youth and families, making residential programs work and effective program design. Thom's books include A Child and Youth Care Approach to Working with Families and Developing Effective Interventions with Families: An EirCan Perspective.

**[www.cyc-net.org/transformation](http://www.cyc-net.org/transformation)**

## 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE



### **Nils Ling - Keynote speaker (Thursday May 27, 2010)**

Nils Ling is a demonstrably successful entrepreneur who has run his own theatre company, performance venue, tourism attraction, and public relations/communications/marketing business; an exceptionally gifted writer, author, playwright, speechwriter, and syndicated columnist with broad experience in all media and on the widest range of topics; a dynamic and internationally respected professional in public presentation, including public speaking broadcasting (radio and television); stage performances, touring (nationally and internationally); performance coaching, and workshop and seminar facilitation and leadership; a seasoned, experienced professional in communications, including research, planning and implementation of strategies and programs at the highest levels and consulting in media relations; public issue management and crisis management; and a well respected and nationally recognized arts festival organizer familiar with government systems and adept at government relations.

## 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE



### **Lorraine E. Fox - Closing Keynote Speaker (Friday May 28, 2010):**

Lorraine holds a doctorate in clinical psychology and a doctoral certificate in organizational development, and is a Certified Child Care Worker. She has been working for forty five years in child and youth care work and in the human services. Lorraine has been a direct service worker, a supervisor, a clinical director, an Executive Director, and Assistant Professor. She has delivered keynote addresses locally, nationally and internationally, and has presented at conferences and provided training and consultation services for a variety of service organizations in the United States, Australia, Canada, Guam, England, Scotland and Czechoslovakia.

In addition to extensive work with private service agencies, Lorraine is a contract instructor with the University of California, Davis, San Francisco State University and the San Diego State University Foundation, training public service employees serving welfare and child protective clients and their community partners. Lorraine has a long standing relationship with the California Community Colleges Foster and Kinship Care Education Programs providing training for substitute caregivers and Foster Care and Adoption agencies. She was awarded the Outstanding Service Award for Excellence in Teaching by the UC-Davis. Lorraine has published scholarly articles, writes a monthly Parenting column for her church newsletter, and co-authored an internationally recognized training curriculum. Lorraine has appeared on radio and television in the U.S., Canada, and Australia. She is listed in many Who's Who publications, and has been a consulting editor for the Journal of Child and Youth Care.

# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## **WORKSHOP BLOCK A: Wednesday, May 26 1:00 pm to 4:30 pm**

### **A01: Restitution: Working Together to Strengthen Our Youth**

Rebecca Gray  
Restitution Social Development Foundation and Summit Counseling  
Winnipeg, MB

Restitution is a program created by Diane Gossen, based on the work of William Glasser's control theory and the principles of Aboriginal restorative justice. It provides those working with children hands on skills to use when dealing with difficult behaviour. Traditional discipline programs are based on stimulus-response psychology and focus on consequences either positive ones such as rewards or negative ones such as removal of privileges. Drawing from current research on the brain functioning, Restitution recognizes that for true learning to occur, the process that children must engage in is an internal one. An important part of this workshop is the social contract that includes discussion of the beliefs and values that adults and youth decide together are important.

Time: 3 hours

### **A02: "Training Experiential Child and Youth Care Professionals"**

Dawne MacKay-Chiddenton, Kelsey Shay, Cathy Denby, Kim Herman  
The Child and Youth Care Certificate Program  
Red River College in partnership with Ndinawaemaaganag Endaawaad Inc.  
Winnipeg, MB

This presentation is based upon our experience in a partnership with a local Winnipeg Community Based agency and the delivery of the Red River College Child and Youth Care Certificate Program. The participants in the program are all "experiential" persons. We will explore issues that affect the delivery of the program, including the necessity of modifying the traditional or mainstream curriculum in order to reflect the life experience of the participants without compromising both the quality of education and standards of practice in the field. A highlight of this presentation will feature the 22 minute "Voices of Healing and Hope" which documents the journey of many individuals' transition exiting the sex trade in Winnipeg.

Time: 3 Hours

### **A03: New Directions Making Connections: Focus Future for Permanent Wards**

Allie Boardman, Carol Williams, Landon Schaefer, Peter McAlpine, Liz Sinclair, Dr. Alicia Ordonez  
New Directions  
Winnipeg, MB

Children who are permanent wards face attachment challenges posed by how the system works. Often children make connections with caregivers but then are moved as a function of their age rather than based on readiness for a different life stage. This presentation will focus on the theme "Whole life planning continuity of care." It will share the experience of 3 children, permanent wards, who were about to be moved to a different placement due to age. The children expressed a desire for a satellite program where they could live until their age of majority or age 21, in the same area, keeping the same connections they had formed. Presenters will share the results of research looking at the process and key elements that have made these efforts successful, challenges to create this alternative for the children, the indicators of success, and lessons and new challenges for the future, especially now that a second satellite program is on the way.

Time: 3 Hours

# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## **WORKSHOP BLOCK A: Wednesday, May 26 1:00 pm to 4:30 pm**

### **A04: From the Gut: Work Shopping Critical and Political CYC practice**

Elicia Loiselle, Mackenzie Dean, April Mallett  
School of Child and Youth Care, University of Victoria  
Victoria, BC

This session aims to make explicit connections between critical theories, ethical CYC practice, and social justice, by unpacking the complex ways power functions across the multiple contexts of our own lives, the lives of our clients, and the relationships we build together. Facilitators and participants will explore reflexivity by deconstructing our practice experiences through feminist, post-structural and post-colonial theories, deepening our understanding of, and informing our responses to the social injustice(s) and systemic oppression experienced by those with whom we work. We will introduce integral and interconnected concepts of power, discourse, and positioning, which will enable participants to engage in the interactive Collective Biography Workshop that will constitute the majority of this session.

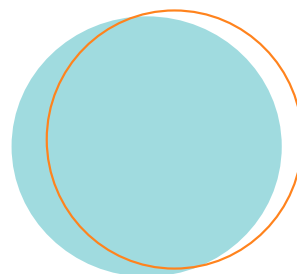
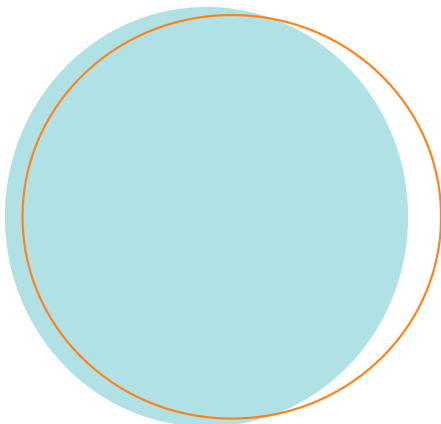
Time: 3 Hours

### **A05: Constructing the Modern Child and Youth Worker Through Education: The Pillars.**

Rick Kelly, Anne Black, Andrew Buntin, Kathy Lees, Nicki Monohan, Donna Reid, Zuby Saloojee  
Child and Youth Worker Program; George Brown College  
Toronto, ON

This presentation actively presents the foundations of the Child and Youth Worker Program at George Brown College. Why one might ask aren't all programs the same? The answer to this is both "yes" and "no". It is towards the "no" side of the answer that this presentation directs itself. This program has fashioned its own unique curricular identify much in keeping with the changing demographic landscape of the changing life space of the core clientele found within an urban context but surrounded by global forces. Life space work can no longer be seen as being confined to the residential roots that gave birth to the core of child and youth work. Acknowledging these dynamics, this program has fashioned their curriculum and focused on vocational outcomes based on 4 pillars: a resiliency strength based perspective, an ecological perspective, an anti oppression framework and restorative practices philosophy. Using a "popular education" format and through focusing on key topics in child and youth work education, this workshop will demonstrate how core skills and knowledge are developed across a 3-year continuum of college education.

Time: 3 hours



# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## **WORKSHOP BLOCK B: Wednesday, May 26 1:00 pm to 2:30 pm**

### **B01: Living Outside Normal: A Grounded Theory of Street Life and Street – Involved Youths' Struggle to Emerge.**

Stephanie Griffin  
University of Victoria  
Victoria, BC

Street involved youth make a place for themselves in the most major cities in North America, yet often go unacknowledged by those who walk past them everyday. In the past few years, research into youth homelessness has taken a qualitative examination at how these youth arrive on the streets, or of the risk behaviours they find themselves involved in once there, but few studies attempt to theorize about street life. The goals of this workshop are twofold: a) present a grounded theoretical framework on street life and the process street-involved youth engage in to emerge from the streets; and b) present various qualitative research methods effectively used with the population including photography and walking interviews.

Time: 90 minutes

### **B02: Coming Together for Kids Off the RADAR**

Monica MacKinnon, Ronni Abraham, Kat Main  
Boys & Girls Club  
Calgary, AB

RADAR (Re-engaging Academically Disconnected Adolescents Respectfully) is a collaborative initiative with nine community partners working to reconnect high risk, homeless, academically disengaged youth ages 13 – 15 years to the essential normative supports of school, family and community. RADAR provides a safe and welcoming environment for youth during the day that includes a comprehensive network of wraparound supports. This presentation will provide an overview of the RADAR story, the services and supports offered and the lessons learned about how risk taking, effective collaboration, and genuine partnership fueled an innovative project for youth. The main focus of the presentation will discuss how the front line workers in the RADAR project come together with service providers and the community to connect youth to family, school and community.

Time: 90 minutes

### **B03: Childhood Peak Experiences and Their Impact**

Dr. Daniel G. Scott, Jessica Evans  
University of Victoria  
Victoria, BC

Through a series of studies initiated by Dr. Edward Hoffman based on Abraham Maslow's developmental model of a hierarchy of needs, a group of international colleagues have been gathering data on childhood peak experiences (CPE) in a variety of cultural contexts using a simple questionnaire. The team has identified a number of CPE type's common across contexts but in different proportions in different populations. There are some links between cultural context and more common peak experiences in the data but this presentation focuses on the connection between a peak experience and lifelong attitudes, vocation and sense of self. The presentation will include some shared story telling about peak experiences and their impact as well as reflection on the implications of these experiences for our work with children and youth.

Time: 90 Minutes.

# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## **WORKSHOP BLOCK B: Wednesday, May 26 1:00 pm to 2:30 pm**

### **B04: Cyberbullying and the Millennium Generation: An Exploratory Analysis of Risk Factors Related to Cyberbullying for Adolescents, and How Online Aggression Victimization affects the Mental Well-being of Young People.**

Elaine-Kaitlyn Wong  
Douglas College  
New Westminster, BC

Cyberbullying in early, middle, and late adolescence is increasingly becoming a topic of concern for parents, school personnel, government bodies, and Child and Youth Care Workers. This raises the questions and concerns on the short and long term effects for adolescents who make up the Millennium (M) generation. This PowerPoint presentation will cover the definition of cyberbullying, the relationship between cyberbullying and high school post-secondary students of the M generation (physically, psychosocially and emotionally), relationships between online harassment-victimization and community members as well as communal, legal and government intervention safeguards in response to this growing concern. Interactive demonstrations of the cyberbullying research will also be included as part of the presentation.

Time: 90 minutes

### **B05: An Intergenerational Model of Community Praxis: Antidote to Marginalization**

Jin-Sun Yoon  
University of Victoria  
Victoria, BC

This presentation reveals the history of a grassroots community organization that emerged from a participatory – action research project with youth in 2002 in Victoria BC. Antidote is a network for multicultural and Indigenous girls and women based on an intergenerational and intercultural framework that provides an alternative to assimilation or culturocentrism for Indigenous and racialized minorities. The workshop participants will be invited to talk about the composition of the cultural diversity in their communities and how this intergenerational and intercultural model might work within the context of their communities. Implications for child and youth care practice will be addressed throughout.

Time: 90 minutes

### **B06: Parent Group: Making Connections for Parents**

Jennifer Kettle  
Waypoints  
Jenny McGrath  
Grant MacEwan College  
Edmonton, AB

Over the last 10 years Waypoints, a Newfoundland based residential program, has conducted a successful parenting group. This group is composed of a combination of parents connected directly to Waypoints programs and outside referrals from the community. This combination of participants creates a unique learning opportunity for parents. The group is viewed as a support and education group, with an emphasis on the support the parents get from one another and from the facilitators. The workshop will examine the connections that are made by the parents during the group and the learning that occurs within these relationships. This workshop will be interactive with participants taking part in a pseudo-parent group as a means of examining its workings. This workshop will look at things such as topics covered, activities, strategies for success, potential pitfalls and the closure of the group. Participants will take part in different aspects of the group as a means of learning and having fun.

Time: 90 minutes.

# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## **WORKSHOP BLOCK B: Wednesday, May 26 1:00 pm to 2:30 pm**

### **B07: Fear factor – Overcoming Barriers to Effective Challenging**

Evelyn Downie, Caroline Moore  
HomeBridge Youth Society  
Dartmouth, NS

Have you witnessed a co-worker do something you didn't agree with? Did you bite your tongue or did you feel comfortable enough to speak up? It seems simple enough. We work in youth care; we challenge youth everyday – so what's the difference?

Challenging feedback is an essential element in the evolution of any Youth Care team, yet many barriers exist that cause anxiety and prevent effective challenging from taking place. This presentation will explore team development and provide a framework for managers and YCWs that will enable youth care teams to identify their own barriers to effective challenging. Attendees will leave equipped with tools for incorporating the parallel process into the team environment – being the same with the youth as we are with each other.

Time: 90 minutes

### **B08: Beyond the Frontline: Being a CYC Worker in a Non-Traditional Setting**

Ray Chapman  
Douglas College  
New Westminster, BC

Have you ever heard the phrase or felt the feeling “when I was a CYC Worker”? This session will explore what it means to be a CYC Worker throughout one's career. How is it that we form a professional identity as a Child and Youth Care Worker? For some it is through the work experience, for others it is through education. As our careers progress, what happens that some people keep their identity as Child and Youth Care Workers and others identify more with being an educator, counselor, social worker, administrator or other role. What does it mean in terms of how we work and who we are, if we identify and practice as Child and Youth Care Workers? How does this impact the way we make connections with others?

Time: 90 minutes

### **B09: Building International Networks: Lessons Learned in Post-Hurricane Katrina**

Susan Claire Johnson, Dr. Deborah M. Gural  
Red River College  
Jessica Lusk  
Child and Youth Care Lifespace Emergency Support (CYCLES)  
Winnipeg, MB

In the aftermath of hurricane Katrina, a team of nine Child and Youth Care student practitioners and a Child and Youth Care Program instructor from Red River College, Winnipeg, Manitoba, Canada offered much needed support to an organization in the community of Louisiana. Preliminary research strongly supported the conclusion that both volunteers and Hope Haven staff significantly benefited by the experience and identified specific recommendations for training and coordination of future similar efforts. Applications of these findings are considered in relation to the feasibility of and implications for the participation of Child and Youth Care students and practitioners in future efforts to offer their skills to communities in need. With a focus on the practical applications of this research, the workshop will focus on future training, trauma research, and the proposed development of an organization that would support agencies that work with children and youth in time of crisis.

Time: 90 Minutes

# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## **WORKSHOP BLOCK C: Wednesday, May 26 3:00 pm to 4:30 pm**

### **C01: The Cart Before the Horse**

Kelly Shaw, Mike Kaminski  
Faculty of CYC Program  
Truro, NS

Supporting the young people with whom we work to apply their strengths to areas of their lives where they may be struggling is difficult. Often this requires us to first support them to understand their strengths and then support them to connect and demonstrate these strengths in multiple arenas of their lives. Over time, the Child and Youth Care Faculty at the NSCC have identified that utilizing a process based approach in the classroom supports these learners when they transition into their work placement, moving from theory to practice. Faculty at the Nova Scotia Community College have developed a course which incorporates many of the principles of child and youth care practice and thus parallels this process based work that we usually associate with residential or community based child and youth care, within our college environment this way of working with learners has been described as putting the cart before the horse; focusing on the process rather than the outcome – again paralleling child and youth care practice. In this process based, experiential workshop, join faculty to explore child and youth care education in context.

Time: 90 minutes

### **C02: Making Connections from the Class to the Floor**

Jeff Reid  
Children's Aid Society of Pictou County  
New Glasgow, NS

Successfully transitioning from the classroom to being a capable worker on the floor takes more than being a good student. Graduation is just the start of the process. Participants will have a chance to encounter one agency's process of introducing prospective employees to the journey ahead, from the interview and hiring process to the introduction of a professional development plan and in the moment supervision. Along with the description of the journey, participants will have the opportunity to question and/or offer their own experiences in this interactive workshop. Whether the participant is a new employee or is a supervisor responsible for ensuring appropriate evaluations take place, there will be an opportunity for everyone to learn.

Time: 90 minutes

### **C03: Making Connections across Disciplines: Mental Health Literacy as a "Bridging Concept for the Interprofessional Care of Suicidal Youth"**

Patti Ranahan  
Faculty of Health and Human Services, Vancouver Island University

Mental health concerns impact 17 – 49% of people over their lifetime in the developed world with many mental disorders beginning in childhood and adolescence. Professionals working with children and youth need to have the requisite skills and knowledge to be able to recognize signs of physical and mental health concerns, and promote well-being. This presentation considers mental health literacy as a bridging concept that can create the common ground needed for effective interprofessional care of young people at risk of suicide. The concept of mental health literacy refers to "knowledge and beliefs about mental health disorders which aid their recognition, management or prevention". Rather than discipline specific ownership of concepts, this presentation considers how Child and Youth Care Professionals may adopt mental health literacy to develop much needed professional partnerships in practice with suicidal adolescents.

Time: 90 minutes

# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## **WORKSHOP BLOCK C: Wednesday, May 26 3:00 pm to 4:30 pm**

### **C04: Child Pornography and the Internet**

Jennifer Martin  
Ryerson University  
Toronto, ON

Children who have been sexually abused for the production of child pornography and whose abuse images appear online suffer a unique horror. Not only have they been sexually abused, but their lives have been transformed by the permanent record of their sexual abuse images on the Internet; images that cannot be retrieved or controlled and that continue to circulate in cyberspace forever. New technologies have been harnessed to escalate existing forms of commercial and noncommercial sexual abuse and exploitation of children and have transformed the environment in which child sexual abuse takes place in terms of time, space, and place. This presentation will examine the intersection of child sexual abuse and the Internet, the ways in which current laws and policies inform response to children whose images appear online and the challenge of connecting with these children therapeutically. A children's rights perspective will provide an overarching framework within which these ideas will be explored.

Time: 90 minutes

### **C05: Right Here, Right Now: An Exploration of Life-Space Intervention in the 21<sup>st</sup> Century**

Dr. Carol Stuart, Dr. Kiaras Gharabaghi  
School of Child & Youth Care, Ryerson University  
Toronto, ON

In anticipation of their forthcoming book by the same title, the presenters will challenge participants to help re-develop and evolve the core principals of life-space intervention within our discipline. Acknowledging the contributions of scholars and practitioners from a myriad of disciplines, to articulating the importance of working and being with young people where they live, this workshop will engage participants to think beyond physical spaces. Collectively we will explore the role of new technologies and changing life-styles and cultures in the on-going evolution of life-space intervention. While the workshop includes elements of theory, it focuses more significantly on story telling and the sharing of experiences in relation to life-space interventions across service settings. It is hoped that both the participants and presenters will leave with a renewed commitment to being present in the life-space of young people right here, right now.

Time: 90 minutes

### **C06: Creating Healthier Work Environments and Happier, Better, Faster, Employees**

Sauna Clark Foran, Carol Lethbridge  
HomeBridge Youth Society, Dartmouth, NS

Do you want to work with happier, better, faster employees or coworkers? The key to having more contentment in the workplace is concentrating on employee retention and finding out why people stay in your organization. Employee retention in youth care agencies can affect service delivery and therefore it is critical to the long-term health and success of your organization. Whether you are a manager or an employee, retention matters. This is one of the primary measures of the health of your organization. The purpose of this presentation is to link the issue of employee retention to the wellness of an organization. The focus of this presentation will be to discuss why retention is important and how employees and management can influence the issue. Examples from the workplace will be used to demonstrate the importance of employee retention and an interactive framework for creating healthy work places will be discussed.

Time: 90 minutes

# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## **WORKSHOP BLOCK C: Wednesday, May 26 3:00 pm to 4:30 pm**

### **C07: What Makes Child and Youth Care Research Relational? The Epistemology of Relational Inquiry**

Gerard Bellefouille, PhD  
Grant MacEwan College  
Edmonton, Alberta

Rather than relying on research methods that conceptualize selfhood as an individual center of consciousness and the doing of research as a process of first separating the observer (self) from what is to be known, in this workshop I advance the notion of relational epistemology views knowledge as something that is socially constructed by people who are in relation with each other. The goal of relational inquiry is about the researcher involving him herself relationally with the other in dialogical methodologies that recognize the value of multiple realities and grounds knowledge development and ever-changing context of CYC practice. Workshop participants will be guided through a self-exploration process to reflect upon the relational capacities. In addition, participants will be presented with a recently written paper on relational inquiry.

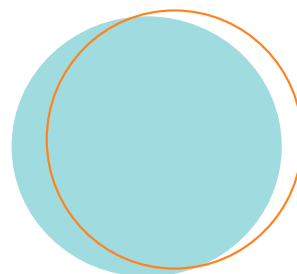
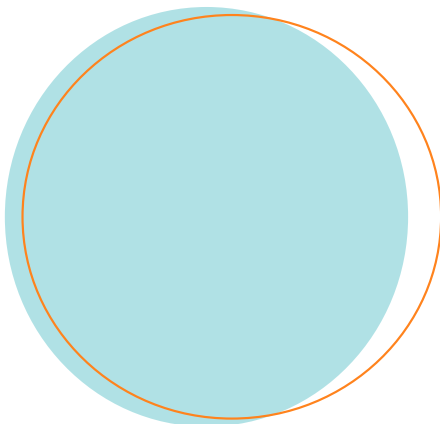
Time: 90 minutes

### **C08: Relational-Centered Assessment and Intervention Planning: A CYC Approach to Working with Children, Youth, and Families**

Jenny McGrath, Donna Jamieson  
Waypoints, Grant MacEwan College  
Edmonton, AB

For years Child and Youth Care Workers have used assessment and treatment planning strategies borrowed from other disciplines, often feeling that these approaches did not really "fit" for them. We have come to realize that linear, straightforward approaches, while making paperwork easier, often do not adequately reflect the relational strategies employed in the CYC field. In this workshop, we will explore a relation-centered approach to CYC assessment and treatment planning. Assessment, planning and intervention emerge naturally as the conversational relationship between the CYCW and the child, youth, or family evolves. At the core of this approach is the belief that all growth and change occurs within relationships. In this experiential workshop we will examine what we believe are some of the underlying assumptions of this approach and the core relational capacities required of practitioners. We will also explore assessment and intervention planning strategies that are consistent with relational-centered practice.

Time: 90 minutes



## **WORKSHOP BLOCK D: Thursday, May 27 10:30 am to 4:30 pm**

### **D01: Making Connections with the Oppositional Defiant Disorder Student**

Kristine Harvey-Videla, Virginia Robinson  
Peel District School Board  
Mississauga, ON

Over the years of working in the profession of child and youth work and education, there has been a growing interest and many discussions about Oppositional Defiant Disorder students. One question that stands out the most is: Can making a connection with ODD students make a difference?

This full day workshop on O.D.D. will also include:

Walking through the day and life of a student with Oppositional Defiant Disorder

- On screen presentations, interactive information, handouts, ready to use intervention strategies, question and answer period, reproducible
- Learning what Attention Deficit Disorder, Conduct Disorder and Oppositional Defiant Disorder will have in common.
- Techniques of classroom behaviour management
- An interactive component with engaging activities on: Conflict resolution, fight vs. flight concept, skill building, leaning how to pick your battles, pulling up that conscience and compassion that we think sometimes is non-existent with students who are Oppositional Defiant Disorder
- Learn how to create an action plan with your Oppositional Defiant student and learning to use teachable moments to your advantage.

Time: Full day

# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## **WORKSHOP BLOCK E: Thursday, May 27 10:30 am to 12:00 pm**

### **E01: CYC Connections: Connecting, Transforming and Caring**

Dr. Kiaras Gharabaghi, Talika Vazirali, Caitlin MacMillan  
Ryerson University  
Toronto, ON

CYC Connections is a student – run group of the School of Child and Youth Care at Ryerson University in Toronto, Canada. We have three overarching goals: for all students to have fun while experiencing academic and extracurricular success, to get a sense of the breadth and depth of the field, locally, nationally and internationally, to act as a peer supports to students within the program. Our presentation will entail an overview how we got started, how we operate, what types of programs and events we offer and our hopes and goals for future students and other schools. We plan to involve participants in discussions throughout the presentation in order to address questions, concerns and the ideas regarding student and new worker engagement.

Time: 90 minutes

### **E02: From Survivor to Thriver: Making Connections between Trauma and Recovery**

Ronni Abraham, Margaret Taylor, Cassandra Clem and Kat Main  
Boys and Girls Clubs of Calgary  
Calgary, AB

As youth accumulate the risk conditions and adverse life events that bring them into government care, they are repeatedly exposed to multiple traumatic events. As youth develop the expectation that the world is perpetually dangerous, their negative self-perceptions increase; they may acquire diagnosis in behaviour, learning, and mood regulation areas, and may become involved in self-harming behaviours, sexual exploitation and criminal activity. This presentation will outline how trauma-informed practice invigorates a residential care environment. We will discuss the advantages of this approach as an asset to our work with youth but also how adopting this approach has improved the quality of staffs' experiences on the front line. Specific examples of using this approach with youth in group care and treatment settings will be offered.

Time: 90 minutes

### **E03: Vancouver Roving Leaders: Connecting Community, Children and Youth in Vancouver's Inner City.**

Kate Hodgson  
Network of Inner City Community Services Society (NICCSS)  
Vancouver, BC

This presentation will provide an overview of the Vancouver Roving Leaders Program, a summary of measurable outcomes, and a description of the dynamic community process that created the program. The aim of the Vancouver Roving Leaders Program is to support children, youth and their families through an attachment-based model that builds on their strengths and personal goals and ensures positive results, including: engagement in recreation and cultural programs, connection to community and positive links to school and home life. The Vancouver Roving Leaders Program connects and engages vulnerable, at risk children and youth in Vancouver's inner city – focusing on the downtown Eastside and the northeast sector of Vancouver.

Time: 90 minutes

# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## **WORKSHOP BLOCK E: Thursday, May 27 10:30 am to 12:00 pm**

### **E04: Velocity Adventure: Using Adventure Therapy as a Basis to Create Community Connections**

Simone Guigne Lilly, Chris Crockwell  
Community Youth Network  
St John's, NL

A wilderness experience for teens, the Velocity Adventure Connection, targets youth who are at the risk for crime and substance abuse. The initiative consists of three main components: program introduction and camp preparation, one-week overnight camp and eight months of individual follow-up support. Adventure therapy is a new approach to working with youth and providing the community with an opportunity to engage youth in meaningful, healthy ways. By enhancing their community support network, youth develop a greater sense of belonging, as well as healthy relationships with positive role models. This ultimately can translate into better school attachment, a decrease in aggressive behaviour, and decreased substance use.

Time: 90 minutes

### **E05: Building a Community of Care**

Brett Geisel, Thomas Watson, Nicole Downie  
Specialized Adolescent Treatment Program  
Winnipeg, MB

This will be a workshop that examines the development of programming and relationship building between caregiver and child to better forward a treatment agenda. The workshop will include how Specialized Adolescent Treatment Home develops a community of children and adults that extends far beyond contracted care and into a client's adult years. How we develop relationships and programming will be examined with an in-depth look at the three tiers of care in SATH, from our pre-adolescent unit through our independent living program. Explanations of the tiers of care (pre-adolescent, adolescent, and independent living) will be led by key staff members, and will be followed by question and answer periods. Discussion topics will include child-care ethics, philosophy of care, management structure, reporting, procedures, relationship building and program development.

Time: 90 minutes

### **E06: Go Wide, Go Deep: This is not a Football Play but Restorative Practices**

Rick Kelly  
Child and Youth Care Worker Program, George Brown College  
Toronto, Ontario

This session will present participants with a number of perspectives, insights and applications of Restorative Practice Model. It will present how the model and philosophy can be used as a vehicle for systemic change in children's mental health centers and mainstream schools and systems. The workshop will profile the 4 elements that constitute the cornerstone of a restorative philosophy in action that supports its application to everyday life spaces. Lastly the workshop will profile specific applications and the tools for utilizing this model in a variety of contexts; as part of a classroom setting, in the curriculum and with various high-risk populations in various settings. So bring your tool bag and add these invaluable tools and insights to your repertoire as a Child and Youth Worker. Song, dance, pictures, words of wisdom and stories will be part of this presentation.

Time: 90 minutes

# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## **WORKSHOP BLOCK E: Thursday, May 27 10:30 am to 12:00 pm**

### **E07: Aboriginal Child and Youth Care at Douglas College – Bringing Elders and Spirit into the Classroom.**

Artemis Fire, Lori Hawkes  
Douglas College  
New Westminster, BC

This presentation will highlight the journey that has been taken to collaboratively create an Aboriginal Child and Youth Care stream in the Douglas College CYCC diploma program. The program is young and continues to grow. Participants will learn about our community connections, our current collaboration process and where we are headed. This journey is an important part of institutional and societal reconciliation, given our collective history of colonization and residential schools. From curriculum development to advisory circle to classroom, our Elders have walked with us. Our students are diverse, from different Indigenous and Métis communities, as well as from a variety of other cultural backgrounds.

Time: 90 Minutes

### **E08: Connecting with Kids through Fun (Activity Based Programming and Youth)**

Andrew Middleton  
Bartimaeus  
Montreal, Quebec

A big barrier in working with youth is delivering messages in a way they will enjoy, listen to and learn from. Activity and game based programming is a wonderful way to engage even the most challenging youth, as it is based on fun. Using games and activities, initiative tasks and the challenges to teach social and life lessons makes learning enjoyable. As a result, defensive walls fall, laughter replaces doubt, open minds replace closed ones and change can come without effort. The purpose of this workshop is to give participants a chance to experience various group activities that are fun and innovative and as well learn the varied messages that can be extracted from them. These can immediately be used in any setting with youth.

Time: 90 minutes

### **E09: Starved for Opportunity – NASKARZ Program**

Trevor Perez, Tim Houchen, Rory Morrison  
NASKARZ  
Vancouver, BC

The NASKARZ (Never Again Steal Karz) [www.nascarzprogram.com](http://www.nascarzprogram.com) is a program for high-risk youth in the Hastings Corridor area of Vancouver, BC, Canada. This program has been passionately supported and developed for the past two years by Ram-Cam Cooperative Community Centre and its partner organizations. Early in 2008 Vancouver Community College, Vancouver Police Department and ICBC joined the partnership recognizing its exceptional potential to not only reduce youth crime but to propel these same youth toward new opportunities for education, training employment and recreation. Since then the partnership expanded with support from Vancity Foundation, Canadian Direct Insurance and Face the World Foundation. Leveraging youth's interest in cars, the program addresses auto theft and joy riding – two opportunistic crimes that have become a way for youth to quote have some fun. In the past, this fun has resulted in tragedy with the death of not only those stealing the vehicle, but also those riding with them and the uninvolved public.

Time: 90 minutes

# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## **WORKSHOP BLOCK E: Thursday, May 27 10:30 am to 12:00 pm**

### **E10: Not Knowing and Supercompetence in Child and Youth Care: Implications for Professional Development**

Ben Anderson-Nathe  
Portland State University  
Portland, OR

Child and youth care workers routinely experience moments in their professional practice with young people when, despite their experience and training, they are simply at a loss for what to do, how to respond, and how to be helpful to youth. These experiences are seldom shared with other child and youth workers, which contributes to a climate of shame and humiliation about one's own practice and skill. Many child and youth care workers perceive their own inability to respond as indicative of failing and a lack of professional skill, and they often view their colleagues as more equipped than themselves. This generates a myth of supercompetence that leads child and youth care workers to punish themselves for their moments for not knowing and can contribute to burn out. Using stories and case examples, this presentation reports on a research study identifying how child and youth care workers experience moments of not knowing what to do and offers four concrete suggestions for the field. Participant involvement is invited and encouraged.

Time: 90 minutes

### **E11: Staying Alive: Bringing Group to Life**

Melanie Wight, Tara Haye  
MacDonald Youth Services  
Winnipeg, MB

Engaging and connecting with the youth in our care is essential if we are to effectively empower them to attain personal growth and successfully transition into adulthood. This workshop provides active, experiential approaches that will help the youth care worker enliven and enrich their interventions. This workshop has two main purposes: 1) to stimulate your creativity so you can design your own interventions and 2) to keep youth you work with awake, focused and alive enough to discover that change is possible and worth pursuing. Simulations of experiential therapeutic interventions and activities will be presented. You will have an opportunity to actively participate or opt to maintain your "observer only" status.

Time: 90 minutes

### **E12: Specializations in Child and Youth Care: Connecting with the Developing Field and Expanding on Practice Opportunities.**

Michelle Koroll, M.A., R.C.C.  
University of Victoria  
Victoria, BC

As the field of child and youth care comes of age, CYC workers are being recognized for their skills and encouraged to pursue areas of specialization. Developments in BC over the last ten years have seen child and youth care professionals move into child protection practice within government ministries, child life internships within hospital settings across the country, and various leadership positions within early childhood education. This workshop will describe the process that was implemented to have CYC students from a number of educational institutions included in these areas of specializations. The presenter will also discuss the identified strengths that CYC workers bring to these positions and some of the areas where improvements are needed.

Time: 90 minutes

# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

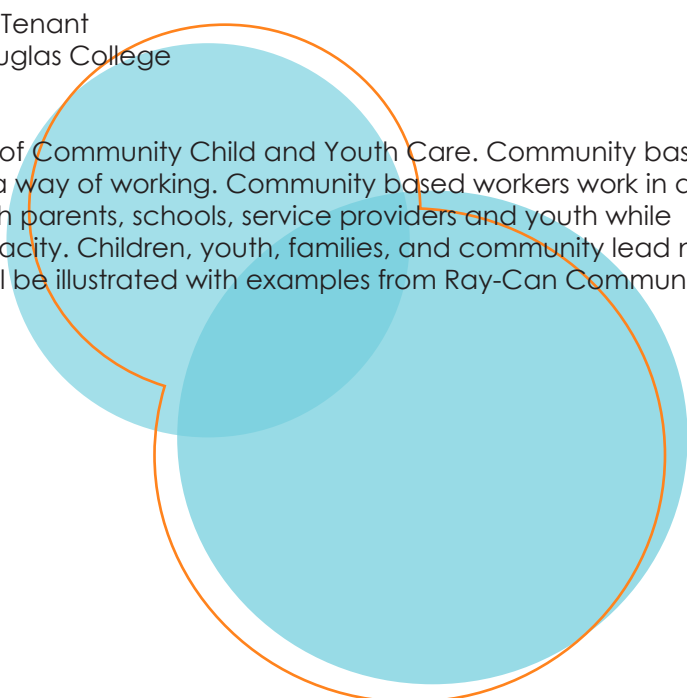
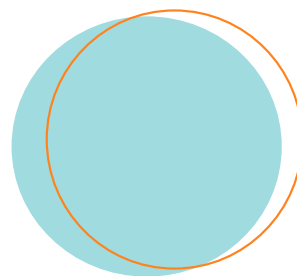
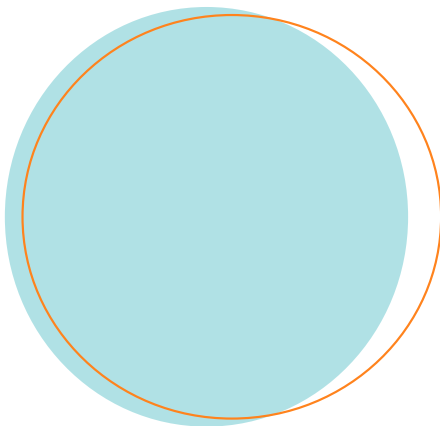
## **WORKSHOP BLOCK E: Thursday, May 27 10:30 am to 12:00 pm**

### **E13: Community Based Child and Youth Care**

Dave Martin, Alex Vasiljevic, Lori Hawkes, and Gary Tenant  
Faculty of Child, Family and Community Studies, Douglas College  
New Westminster, BC

This workshop examines the principles and practice of Community Child and Youth Care. Community based child and youth care is a way of thinking as well as a way of working. Community based workers work in and with the whole community, building partnerships with parents, schools, service providers and youth while helping to resolve individual issues and building capacity. Children, youth, families, and community lead new program design. CYC practice in the community will be illustrated with examples from Ray-Can Community Centre in Vancouver, BC.

Time: 90 minutes



# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## **WORKSHOP BLOCK F: Thursday, May 27 1:00 pm to 4:30 pm**

### **F01: Attachment Theory - A Must to Connect with Children and Their Families: The Approach, Targeted Interventions, and Observation Tool and Practice Outcomes**

Claud Biscaillon, Daniel Breton, Lucie Laporte  
Centre Jeunesse de Laval  
Laval, QB

Workers from Centre Jeunesse de Laval have been exploring different applications of attachment theory in their work with children placed in foster home or in institutional settings. The overall project is the development of specific interventions with parents to help promote a secure attachment in their child and the implementation of interventions aiming at the development of a secure relationship between the child and new attachment figures. To help target specific interventions, an observation tool describing behavioural expressions of attachment strategies was developed. This tool allows workers to create "emotional security profiles" of children and support the understanding of the attachments needs underlying their behaviours, which can then orient intervention planning. The profiles can also be administered regularly to monitor the children's evolution. This observation tool helped develop a better understanding of attachment needs, both with children and their parents and to promote more affectively attuned and realistic intervention goals. The presentation will focus on the main principles of the approach based on practical applications implemented with children in institutional settings, foster homes or in their biological families.

Time: 3 hours

### **F02: Facilitating Success for Transitional Age Youth with Serious Mental Illness**

Deborah Sliwinski, CCW CYC (Cert)  
New Outlook, Central Toronto Youth Services  
Toronto, ON

Central Toronto Youth Services is one of the original four children's mental health centres in Toronto. Since 1979 CTYS has been empowering youth and changing lives. New Outlook is the only program in Toronto that provides intensive case management, community outreach and day programming for the city's transitional-age (16-24 year old) seriously mentally ill (schizophrenia and bi-polar) populations. It provides an essential linkage between the children's mental health system and the adult mental health system. The New Outlook Day Program provides life and social skills training, recreation and individualized academic studies on site in a structured and supportive environment for over 25 years. In this presentation I will explore how this program's foundation is firmly rooted in the traditional milieu based treatment. We will discuss the evolution of the program, the need to constantly broaden the scope of practice, our present Psychosocial Recovery Model (traditionally used with the adult mental health population). Our unique approach and the youth engagement philosophy have made this a rare, innovative and cutting edge program.

Time: 3 hours

# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## **WORKSHOP BLOCK F: Thursday, May 27 1:00 pm to 4:30 pm**

### **F03: Professionally Packaging Your Supervisory Practice**

Frank Delano  
JBFC Institute for Child Care Professionalization and Training  
Hawthorne, New York

This highly interactive workshop will employ a conversational format to look at the presenter's published definition of "supervision" and use it as a grounding to discuss and learn a series of skills and strategies to professionally package their supervisory practice in a more effective way. Participants will be helped to develop strategies to operationalize the definition and commit to an action plan to take back with them to their practice. Special emphasis will be placed on having the supervisor develop skills and become more confident in encouraging critical thinking and constructive confrontation, as well as moving farther along the road of being a more culturally competent supervisor. The workshop is appropriate for supervisors of all levels, or for those who may be hoping to move into a supervisory role soon.

Time: 3 hours

### **F04: Sexually Exploited Youth**

Dr. Sue McIntyre  
Hindsight Group  
Calgary, Canada

This presentation will begin with reviewing "The Youngest Profession: the Oldest Oppression", which looked at 50 Sexually Exploited Youth in Calgary Alberta Canada in 1992. In 2002 Dr. McIntyre returned to interview 41 of the original 50. This was entitled "Strolling Away". This gap led to "Under the Radar: The Sexual Exploitation of Young Men", which was completed in June of 2009. This study represented 157 sexually exploited young men in the provinces of Alberta, British Columbia, Saskatchewan and Manitoba. The findings of this study will be discussed in detail. The logistics of managing a project that involved 6 coordinators, 20 interviewers and 48 organizations will be reviewed. Dr. McIntyre plans on including some of the agencies and researchers involved in the study to present with her.

Time: 3 hours

### **F05: Connecting and Creating Change: Skillful Life Space Work is Complex and Energetic**

Andy Leggett  
Broken Arrow Residential Treatment Services,  
Coburg, ON  
Jack Phelan  
Grant MacEwan College  
Edmonton, Alberta

Skilled, effective child and youth counselors can create change in youth and families where everyone else has failed. Life space work, when well done, is the most effective approach with the hard to reach people generally referred to us for help. Unfortunately, this level of practice is often not the norm, and many newer practitioners and supervisors may have never seen it happen, believing that less useful, more obvious approaches are quite adequate. This workshop will challenge new CYC practitioners and supervisors to set a clear benchmark for practice, will motivate more experienced practitioners to keep improving, and will validate the sophistication of the best of our field.

Time: 3 hours

# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## **WORKSHOP BLOCK G: Thursday, May 27 1:00 pm to 2:30 pm**

### **G01: Current Research and What it Means to CYCC**

Dr. Bruce Hardy, MA, MEd, PhD  
Douglas College  
New Westminster, BC

Most CYCC work in programs is hierarchical and has a traditional leadership system. Most CYCC leaders learn to be leaders on the job, learning from older leaders and from peers. Most leaders rarely have the time to look at leadership, to study leadership or to even read about leadership. This workshop will give leaders and prospective leaders the opportunity to hear about new research in leadership. What are cutting edge leaders doing? What is happening in quality assurance that you should know about? What is the next wave in leadership practice? This workshop will answer some of your questions and offer some interesting perspectives on leadership.

Time: 90 minutes

### **G02: Project Artemis: Girl-Led Participatory Action Research**

Elicia Loiselle  
School of Child and Youth Care, University of Victoria  
Victoria, BC

The experiences of girls who are alienated from mainstream school systems and labeled "at risk" or "high risk" are considerably under-researched, particularly from their own perspectives and in their own voices. This session takes an in-depth look at "Project Artemis: A Girl Led Youth Participatory Action Research Project" based in Victoria, BC. Eight teenage girls collaborated with Elicia Loiselle (MA Candidate, SCYC, UVic) to critically explore their schooling experiences and evaluate the program at Artemis Place, an integrated life skills and academic program for girls who have been underserved in the mainstream school system. In this session, we will explore how marginalized and minoritized girls can be meaningfully engaged in community-based, participatory, CYC research. This includes looking at how gender and intersecting structural inequalities (such as poverty) must inform both the content and process of the research.

Time: 90 minutes

### **G03: "Focusing" with Children: The Six Small Steps That Can Make You A Better Listener to Your Own Inner Wisdom and To a Child's Experience**

Lisa Glendinning, Therapist  
Brief Therapy Team, Macdonald Youth Services  
Winnipeg, MB

In the late 1970's, Eugene Glendin published his groundbreaking book entitled "Focusing". Since that time, Focusing has grown worldwide. This presentation will be a brief introduction to some aspects of Focusing, providing its participants with some experience of the process and some ways in which they can immediately begin to incorporate Focusing in the work that they are already doing with children. In addition there are numerous fun activities that can be used to help children learn to express their "felt sense" to others and to attune to other people's experiences. These ways of communicating and responding assist children in developing life long relationship skills.

Time: 90 minutes

# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## **WORKSHOP BLOCK G: Thursday, May 27 1:00 pm to 2:30 pm**

### **G04: Milieu Management: “When You are Up to Your A\*\* in Alligators It’s ....”**

Melanie Wight, Lori Irwin  
Macdonald Youth Services  
Winnipeg, MB

The full saying goes: “When you are up to you’re a\*\* in alligators it’s hard to remember that the original objective was to drain the swamp”. We all have days where the chaos around us makes it difficult to remember our objectives. We will share with you what we have learned works in milieu management to reduce the alligator fighting and the incident reports that go with it! We will look at the use of structure, limit setting, boundaries, teamwork, humor, and the building of a therapeutic rapport to create a safe environment conducive to promoting change and growth in our youth. Our youth were referred to our program due to sexually aggressive behaviours, but we believe that youth displaying harmful behaviours of some form (either to themselves or others) is the norm today. Our approach is to both manage the milieu and to assist our youth in growing into successful, pro-social, productive adults. We believe that many components of it have a wide application in the field of youth care. We promise that you will leave with renewed hope and energy to continue on in this very challenging field.

Time: 90 minutes

### **G05: Small Seeds, Big Plants: “Gardening” in the High School Life Space: Child and Youth Workers at Work**

Jodi Price, Rick Kelly, Susan Padmore  
Child and Youth Worker Program: George Brown College  
Toronto, ON

High schools in large urban centres are often larger than many small towns and communities. Those high schools that are found in the new “inner cities” of big cities contain all the elements of risk that combine to create a recipe for disaster. However, on the other side of the ledger are then forces that support resiliency and promote capacity for these very same young people. In particular these forces are found in the Child and Youth Workers who work in these settings. Often times, like the proverbial Dutch boy, they are asked to put a finger in the dam to stem the flow of water. Utilizing their extensive years of work, three child and youth workers highlight the challenges, but more importantly the creative responses and interventions they are called on to make. Through discussion and case illustrations, music and pictures this workshop will profile the various types of approaches they utilize on a day to day basis including individual counseling, crisis intervention, group work, implementation of a school wide restorative practices initiative, program development, and a school as a hub model.

Time: 90 minutes

### **G06: The In-Between Between Us: An Exploration of the Meaning of Relational Practice**

Thom Garfat, PhD  
CYC-Net  
Montreal, QC

Relational CYC Practice can only occur in the In-Between between us. Stretching ourselves beyond the simple concept of relationship-based practice, this workshop will explore the territory of the in-between, the place where self and other co-create meaningful connected experiences for the benefit of youth and families. A process for engagement and intervention (BIDs) will be presented.

Time: 90 min.

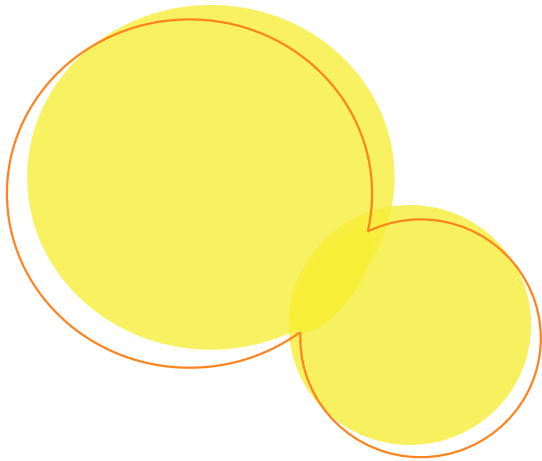
# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## WORKSHOP BLOCK G: Thursday, May 27 1:00 pm to 2:30 pm

### **G07: A Child and Youth Care Approach to Children Protection Work in B.C.**

Robert Bates  
Douglas College  
New Westminster, BC

In this interactive session, participants will explore the connection between Child and Youth Care (CYC) and Child Protection (CP) Practice. Long defended as the exclusive territory of social work the ranks of Child Protection Workers (CPW) in British Columbia's Ministry for Children and Family Development (MCFD) are swelling with CYC degree graduates. Tensions both within and outside the field of CYC have historically suggested a lack of synergy between the profession of CYC and the field of CP. We will explore these tensions and seek to find connections between concepts in CYC and CPW functions. Several concepts central to CYC work will be explored. Participants will also review selected roles within the spectrum of CP jobs in the MCFD.  
Time: 90 Minutes



# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## **WORKSHOP BLOCK H Thursday, May 27 3:00 pm to 4:30 pm**

### **H01: Making Connections through Experiential Learning**

Tam Bachalo  
Addictions Foundation of Manitoba  
Winnipeg, MB

Confucius said, "I hear and I forget, I see and I remember, I do and I understand." Experiential Education is a way of "doing" that engages people in ways that help lead them to places of understanding of, and connection with themselves and the wider world. Learning the techniques of creating and delivering "meaning-filled" experiences that will benefit youth is the goal of this presentation. After learning the basic concepts of the Experiential Education process, participants will have the opportunity to share ideas and increase their confidence in putting ideas into practice.

Time: 90 minutes

### **H02: Youth Engagement Strategy**

Jay Rodgers, Shimon Segal, Jainna Cabral  
General Child and Family Services Authority – Youth Engagement Strategy  
Winnipeg, MB

Jay Rodgers is currently the Chief Executive Officer of the General Child and Family Services Authority in Manitoba. Under provincial legislation, the Authority is responsible for mandating, funding, and monitoring agencies that provide child protection and family support services for non-Aboriginal children, youth and families throughout Manitoba. The General Child and Family Services Authority have embraced "Appreciative Inquiry" which has shifted the planning focus of the General Authority to a more positive direction. This new collaborative approach to planning means staff members from all levels in the organization are involved in designing, assessing and implementing policy and program changes. In this new paradigm of thought the values of "strengths-based" and "inclusiveness" are foundational. From this and similar schools of thought the Youth Engagement Strategy was created. Jay will introduce Shimon Segal and Jainna Cabral of the Youth Engagement Strategy. The Youth Engagement Team will speak on their recent accomplishments and will highlight the work they have done on the Phase One Youth Engagement Final Report that was released in 2010.

Time: 90 minutes

### **H03: The Implications of Moving from Diploma to Degree in CYC Education**

Dr. Bruce Hardy, Ray Chapman, Gary Tenant, Rob Bates, and Elaine Wong  
Douglas College  
New Westminster, BC

The panel of presenters will share their experiences and lead a discussion on the evolution of child and youth care practice from the perspective of educators and practitioners. The perspectives of students and faculty will be presented. The Douglas College CYC program began in the 1980s as a one-year certificate program expanded in the 1990s to be a two-year diploma program and is now a four-year degree program. We have observed and helped move the practice of child and youth care towards increasing professionalization. What are the advantages and disadvantages of professionalization? What do practitioners gain in obtaining a degree in Child and Youth care? What have been the challenges for the faculty, students, and the CYC community in moving into degree level education? What are the implications of these changes in the practice of CYC? Where do we see the profession moving in the next decade? The panel will discuss and generate discussion in their presentation.

Time: 90 minutes

# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## **WORKSHOP BLOCK H Thursday, May 27 3:00 pm to 4:30 pm**

### **H04: Heart Work, Disintegrating Shame on the Road to a Better Life: Working with High Risk Teen Mothers**

Dr. Sibylle Artz  
School of Child and Youth Care, University of Victoria  
Victoria, BC

This presentation uses survey data interviews from a five year cross-sectional study on girls who use violence and a short documentary film to show how intentional caring and skilled client-centered intervention can dismantle shame-based aggressive behaviour in high risk teen mothers and support the move toward self-determination, school completion, self-efficacy and positive parenting. The emphasis will be on real-life practical approaches to working with girls who are described as "hard to reach" or "difficult to work with". Audience participation through questions, dialogue and shared stories will be welcome.

Time: 90 minutes

### **H05: Examining Relationships, Roles and Connections within Nova Scotia Families with a Parent Working Away**

Graham Cassidy  
Bridges Program  
New Glasgow, Nova Scotia

In today's society obtaining work can frequently be a challenge and often families are forced to make unfavorable decisions. Many parents come to terms that work may be easier to obtain elsewhere and leave home for extended periods of time simply for employment purposes. This is strongly seen in Nova Scotia where parents often leave the area to work within the Prairie Provinces and other parts of the country. Career choices such as long-haul truck driving and military involvement can also separate a parent and their children for extended periods of time. The purpose of the purposed presentation will be to examine specific family relations within Nova Scotia families with a parent working away.

Time: 90 minutes

### **H06: Integrating Art into the Day-to-Day Activities in Community Based Group Home Settings**

Sean Clarke, Ainsley Robinson, Robbie Wadden  
Chisholm Youth Services  
Halifax, NS

Chisholm Youth Services operates two community based group homes in Halifax, Nova Scotia. The staff, supervisors and clinical director were trained in the use of Aggression Replacement Training in 2008. This workshop will describe the challenges the teams faced in the implementation of this program, running the groups, and integrating the skills into the day-to-day activities of the facilities. The approach taken to make the connection between ART and program goals and approach will be a focus of the discussion. The presenters will also lead a social skills training session with the workshop participants.

Time: 90 minutes

# 16TH NATIONAL CHILD AND YOUTH CARE CONFERENCE

## **H07: An Agency's Creative Response to our Families, Children and Youth**

Infinity Care Team - Resource Department  
Métis Child, Family and Community Services  
Winnipeg, MB

Children and youth in care have a variety of needs that are unique in comparison to those who live in a traditional family environment. They may experience feelings of abandonment, isolation, or attachment issues to name a few. It has also been identified that youth leaving the child welfare system do not fare as well as other youth. There have been recent research efforts identifying the experiences of youth who have exited care and their ability to transition to adulthood (Brownlee A. 2008). Métis Child Family and Community services is responding to the needs of our youth and young adults by implementing and providing a variety of unique strength based inclusive programs, that work collaboratively to provide our youth with continuous and on going support as they make their journey through life. These programs include SASH, Skills for Life, Youth Celebration, Métis Spirit, Young Adult Mentorship and Life Long Connections.

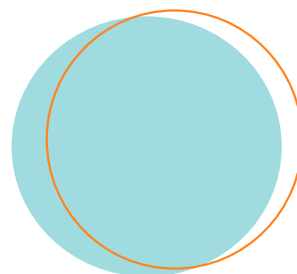
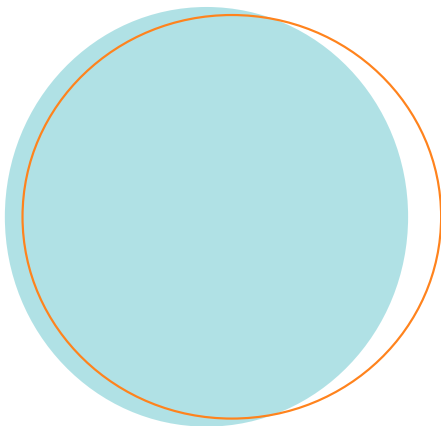
Time: 90 minutes

## **H08: Care of People, Care of Earth: Extending Ecological Practice in Child and Youth Care**

April Mallett, Ben Geselbracht  
School of Child and Youth Care, University of Victoria  
Victoria, BC

Child and Youth Care centres on the growth of children and youth while recognizing that we are all, always, part of larger contexts. This presentation will provide practice examples of ecological programming and community capacity building designed to engage children, young people, and families in the social and biological aspects of place, or context. In particular, we will look at the social, economic, and ecological act of growing food sustainably and in community. As a case study, we will be discussing our experience with an agricultural garden project at the Metchosin Outdoor Learning Centre, on Vancouver Island, BC. The vision of this project is to create a self-subsidizing, youth care oriented agricultural garden whose design and operation models sustainable social and environmental practices.

Time: 90 minutes







## REGISTRATION APPLICATION

First Name: \_\_\_\_\_  
 Last Name: \_\_\_\_\_ Dr. Mr. Ms. Mrs. (circle one)  
 Position/Job Title: \_\_\_\_\_ Organization/School: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State/Province/Country \_\_\_\_\_ Postal Code: \_\_\_\_\_  
 Work Phone: \_\_\_\_\_ Work Fax: \_\_\_\_\_ Cell/Home Phone: \_\_\_\_\_  
 Email: \_\_\_\_\_ Website: \_\_\_\_\_

Registration Fees			
<b>Association Members</b>			
*	Regular Child and Youth Care Association Member	\$325.00	
<b>Non Association Members</b>			
	Regular Non-Association Member	\$400.00	
<b>Other Fees</b>			
	Presenter	\$150.00	
*	Student	\$150.00	
	Single Day Registration	\$135.00	
	Folklorama Delegate <input type="checkbox"/> Dinner      Vegetarian meal <input type="checkbox"/>	\$55.00	
	Educators Day (All day Pre-conference Tuesday, May 25 <sup>th</sup> )	\$50.00	
<b>Total</b>			
<b>Payment Method</b>			
	Cheque (Payable to <i>Child and Youth Care Workers' Association of Manitoba</i> )		
	Money Order		
<b>Total Enclosed</b>			

\* In order to avoid delay, please provide a photocopy of your Child and Youth Care Association membership/current student identification, with your registration.

Workshops					
	Block	Time	Choice 1	Choice 2	Choice 3
<b>Wednesday, May 26</b>					
	A	1:00 - 4:30pm			
	B	1:00 - 2:30pm			
	C	3:00 - 4:30pm			
<b>Thursday, May 27</b>					
	D	10:30 - 4:30pm			
	E	10:30 - Noon			
	F	1:00 - 4:30pm			
	G	1:00 - 2:30pm			
	H	3:00 - 4:30pm			
<b>Friday, May 28</b>		<i>Half day workshop with Lorraine Fox</i>			

\* Please send completed registration package with payment.

Please mail completed registration form to:  
 CYCWAM Registration Box 322 Winnipeg, MB R3C 2H6





BANFF, ALBERTA, CANADA □ OCTOBER 2012

