



Boundaries...always a matter of respect.

Child and Youth Care practitioners understand the importance of boundaries. There are times when boundaries have to be absolute for safety reasons. Routines are made up of shared boundaries in time, space and behaviour. Personal boundaries require respect, trust and empathy to foster a therapeutic relationship. Finally, trauma constructs boundaries that require insight, understanding and courage to break. Youth care workers need to be aware of and able to work on each level at all times.

